

DISCHARGE SUMMARY

PATIENT NAME: SHAMBHAVI NAG	AGE: 9 MONTHS & 4 DAYS, SEX: F
REGN: NO: 12672797	IPD NO: 204097/23/1201
DATE OF ADMISSION: 19/11/2023	DATE OF DISCHARGE: 29/11/2023
CONSULTANT: DR. K. S. IYER / DR. NEERAJ AWASTHY	

DISCHARGE DIAGNOSIS

- Complex congenital heart disease
- Double outlet right ventricle
- Ventricular septal defect (ventricular septal defect - Non-routable)
- Pulmonary stenosis
- ? Left pulmonary artery origin stenosis
- Branch Pulmonary arteries – Right - Small in size; Left - Small in size with mild ostial stenosis
- Absent innominate vein
- Gliotic and encephalomalacia changes in left MCA territory likely sequelae to left ischemic insult
- Low birth weight 1.9 kg

OPERATIVE PROCEDURE

Right Modified Blalock Taussig Shunt with 5mm PTFE graft – Innominate artery to Right pulmonary artery via Midline sternotomy done off pump on 22/11/2023

Epicardial echo done, no significant stenosis, hence Left pulmonary artery plasty was not done.

RESUME OF HISTORY

Shambhavi Nag is a 9 months old female infant (date of birth: 18/02/2023) from (M P) who is a case of complex congenital heart disease. She is 1st in birth order and is a product of full term normal vaginal delivery. Her birth weight was 1.9 kg. Maternal age is currently 31 years.



Repeat Thyroid function test done on 26/11/2023 which revealed T3 1.71 pg/ml (normal range - 2.15 - 5.83 pg/ml), T4 1.19 ng/dl (normal range 0.92 - 1.99 ng/dl), TSH 1.610 μ IU/ml (normal range - 0.730 - 8.350 μ IU/ml) for which Tab. Thyroxine was started.

Minimal enteral feeds were started on 2nd POD and cautiously and gradually advanced to full feeds by 3rd POD. Oral feeds were started on 7th POD.

CONDITION AT DISCHARGE

Her general condition at the time of discharge was satisfactory. Incision line healed by primary union. No sternal instability. HR 126/min, normal sinus rhythm. Chest x-ray revealed bilateral clear lung fields. Saturation in air is 86%. Her predischarge x-ray done on 28/11/2023. Blalock Taussig shunt form given to parents.

Family is cautioned against vomiting, refusal to feed, diarrhoea and dehydration due to any causes.

In view of congenital heart disease in this patient her mother is advised to undergo fetal echo at 18 weeks of gestation in future planned pregnancies.

Other future siblings are advised detailed cardiology review.

PLAN FOR CONTINUED CARE:

DIET : Semisolids diet as advised

Normal vaccination (After 6 weeks from date of surgery)

ACTIVITY: Symptoms limited.

FOLLOW UP:

Long term cardiology follow-up in view of:-

1. Palliative surgery - Right Modified Blalock Taussig Shunt
2. Aspirin therapy

Repeat Echo after 9 - 12 months after telephonic appointment

Repeat Thyroid function test after 3 - 4 months



Ongoing review with review with pediatric neurologist in view of Gliotic and encephalomalacia changes in left MCA territory likely sequelae to left ischemic insult

PROPHYLAXIS :

Infective endocarditis prophylaxis prior to any invasive procedure

MEDICATION:

- Tab. Colsprin 40 mg PO once with feed till next review - not to be stopped
- (Dose of Colsprin to be increased (5mg/kg/day) according to weight gain upto maximum of 100mg once daily)
- Syp. Shelcal 2.5 ml PO twice daily x 3 months
- Tab. Thyroxine 12.5mcg PO once daily x 3 months and then repeat Thyroid function test (Empty Stomach)
- Sitz bath and annovate cream after sitz bath (6 – 7 times a day)
- All medications will be continued till next review except the medicines against which particular advice has been given.

Review at FEHI, New Delhi after 9 – 12 months after telephonic appointment
In between Ongoing review with Pediatrician

Sutures to be removed on 06/12/2023; Till then wash below waist with free flowing water

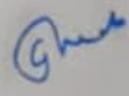
4th hrly temperature charting - Bring own your thermometer

- Frequent hand washing every 2 hours
- Daily bath after suture removal with soap and water from 07/12/2023

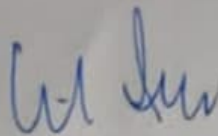
Telephonic review with Dr. Parvathi Iyer (Mob. No. 9810640050) / Dr. K. S. IYER (Mob No. 9810025815) if any problems like fever, poor feeding, fast breathing



NABH Accredited

(For) 

(DR. KEERTHI AKKALA)
(ASSOCIATE CONSULTANT
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(DR. K.S. IYER)
(EXECUTIVE DIRECTOR
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Please confirm your appointment from (Direct 011-47134540, 47134541, 47134500/47134536)

- Poonam Chawla Mob. No. 9891188872
- Treesa Abraham Mob. No. 9818158272
- Gulshan Sharma Mob. No. 9910844814
- To take appointment between 09:30 AM - 01:30 PM in the afternoon on working days

OPD DAYS: MONDAY - FRIDAY 09:00 A.M

In case of fever, wound discharge, breathing difficulty, chest pain, bleeding from any site call
47134500/47134536/47134534/47134533

Patient is advised to come for review with the discharge summary. Patient is also advised to
visit the referring doctor with the discharge summary.

